



# In Touch

IPSWICH RUGBY FOOTBALL CLUB

## Welcome!

Welcome to the second issue of In Touch the fortnightly newsletter from Ipswich Rugby Club. This edition features the match report on the first game of the season against Chelmsford along with an interview with the director of rugby David Broughton. In this edition Ipswich Rugby Club's Chairman Malcolm Harbour talks about his love of rugby.



I am now into my second year as Chairman of Ipswich Rugby club, and I enjoy the role immensely. I have always loved the sport and started playing rugby at school, later moving up to club level, so my passion for the game has been cultivated over many years! In fact, some of the best times I have

had have been with people from the world of rugby; in true community spirit there's always a warm smile and a cold pint ready and waiting whenever it's needed.

When I gave up playing at the age of 38 I found it difficult to be involved with rugby as I missed playing so much, instead I took up golf, and it seems many fellow rugby players have done the same! However, the lure of the club meant I could not be away for long.

This year I have high hopes for the First XV. We have a great squad in place and I'm sure the hard work and dedication they have put into training will pay off come match time. However, for a team to really be successful there must be a good support structure in place underpinning and supporting their efforts. So, my aim for this year is to grow the club; I would like to see more people watching the matches, more volunteers helping to run the club, and last but not least, more sponsors!

I am also keen to raise the profile of the club, and the game of rugby, within Ipswich, which is why we have introduced this fortnightly newsletter, re-launched the web site and are getting the local media more involved in what we do. Please take a look at the new website [www.ipswichrugby.com](http://www.ipswichrugby.com) – it's a wealth of information telling you everything you need to know about Ipswich's fixtures and events. I look forward to seeing you at our home matches - I will be the one frantically pacing the side lines.

Malcolm Harbour



### Mayor visits Club

At Saturday's match we were honoured to host Mr Goldsmith the mayor of Ipswich. Our First XV played Chelmsford.

### Men at Work

During the summer a number of willing volunteers got together and spruced the club up ready for the start of the season. Do you recognise those hard at work?



# First XV news

## Matchday Report

Ipswich 12 Chelmsford 19

After a quite intensive close season training programme, the first game of the season became a bit of a reality check in certain aspects of Ipswich's first game of the season.

In front of a large crowd and after the preceding VP lunch, Chelmsford kicked off with both teams looking to get an early lead. Chelmsford started applying the early pressure and within 10 minutes had been awarded 3 penalties, the first 2 within easy kicking distance were missed. The third Chelmsford opted for the lineout which was caught and driven easily over the line in the left corner by the bulky and much heavier pack. Chelmsford's fullback D. Taylor kicked the conversion. (0 – 7).

As the game progressed Chelmsford continued to use their one dimensional game of rolling mauls to good effect and on 39 minutes of play extended their lead, this time in the right corner. Fullback Taylor missed the conversion. (0 – 12).

Ipswich continued trying to make in-roads into the Chelmsford half, but frustrated by the opposition defence being continually offside and not being checked by the referee, this stemmed any attack for the home side. At halftime the score stood at Ipswich 0 Chelmsford 12.

Ipswich kicked off the second half determined to try and rectify the errors of the first half; however that was undone when the referee decided that Ipswich captain Alex Primmer was deliberately not moving from the ruck despite the fact that the Chelmsford pack were lying on top of him. Primmer was sent to the sin bin for 10 minutes.

Eight minutes into the second half from a 5 metre lineout a ruck was formed and again the Ipswich defence were penalised for being on the wrong side. To the surprise of the home supporters the referee awarded a penalty try to add further frustration to the home side. The



penalty try was easily converted by fullback Taylor. (0 – 19). With only 12 minutes of the second half being played Ipswich went down to 13 men, when Vice Captain Nick Rush was sin binned for pulling down a maul.

Ipswich regrouped and put fresh legs on by replacing Nick Williams with Dean Woodgate and Jonathan Fell with Nick Joseland and for the first time Ipswich started to play to their strengths pushing the ball through the backs at pace. With the renewed vigour came the reward with a lineout in the right hand corner, the ball was popped up for debutant Josh Todd to collect and charge over the line. Tim Lloyd failed to convert. (5 – 19)

Ipswich now started to run the ball with more freedom as Chelmsford tired and at 36 minutes played debutant flyhalf Sam Corston who showed his pace by gathering the ball inside the Ipswich 22

metre area and running the length of the pitch to score under the posts with no one from Chelmsford getting near him. Ipswich fullback Colin Humphreys converted. (12 – 19)

The remaining minutes saw Ipswich apply pressure to try and rescue the match but it wasn't to be and the game was lost.

Head Coach Aaron Brown commented after the game that Ipswich will need to learn from the mistakes of this match especially in the first up tackles. The second half was more pleasing as we tried to impose our own game plan and showing how dangerous we can be. Sadly we left it too late.

David Broughton

*Next week Ipswich 1st XV travel to Norwich, whilst the Ipswich Magpies are away to Mersea Island.*

## League Table - London 2 North East

	P	W	D	L	PF	PA	PD	Pts
Colchester	1	1	0	0	42	10	32	2
Thurrock	1	1	0	0	34	5	29	2
Romford & Gidea Park	1	1	0	0	32	7	25	2
Braintree	1	1	0	0	39	22	17	2
Chelmsford	1	1	0	0	19	12	7	2
Sudbury	1	1	0	0	16	12	4	2
Enfield Ignatians	1	0	0	1	12	16	-4	0
Ipswich	1	0	0	1	12	19	-7	0
Saffron Walden	1	0	0	1	22	39	-17	0
Harlow	1	0	0	1	7	32	-25	0
Norwich	1	0	0	1	5	34	-29	0
Mersea Island	1	0	0	1	10	42	-32	0

## Interview with David Broughton

Every issue we will be featuring an interview with a member of the senior squad. In this edition we spoke to David Broughton the club's Director of Rugby.

David has been Director of Rugby for 3 seasons and prior to that Chair for two years, his involvement with the club started when his son Mark joined the youth and juniors section as an under five back in 1990. David has been at the club every weekend since then! Because of Mark's involvement in the club David started taking coaching courses resulting in David being the only coach at Ipswich who has coached every age group from the under 5's to seniors. Prior to his involvement in the club David played rugby for his school Westbourne and Ipswich YM.

The role of Director of Rugby involves working with Aaron Brown the club coach to ensure players are available and are correctly registered with the RFU. Attending all home and away matches and writing the match day reports that appear in the local media also is also part of the job. David's goal for this season is work with the coaching staff and First XV to ensure back to back promotion for Ipswich Rugby Club.

David is an ardent Leicester Tigers supporter where as his twin brother John supports Northampton Saints. This can lead to some friction especially when Northampton beat Leicester last season. Away from rugby David works for BT and is a JP.

# Youth & Juniors news

Welcome to Ipswich Youth Rugby, where fresh air, fun and fantastic rugby are the name of the game.

If you would like to join us, all you have to do is give us a call. Just give the appropriate head coach, team co-ordinator or myself a ring (our numbers are available below), or pop along to the club one Sunday morning. Training is held from 10am - 12noon. There you can meet the teams and their coaches, join in and quickly become part of the thriving youth section at Ipswich Rugby Club.

If you are unsure whether you will like it or not, do not worry, as we offer two free taster sessions for you to give it a try. You can then decide whether you would like to join and become part of the team on a regular basis (most normally do!). The Youth section will be running every Sunday until May 2010. We look forward to seeing you and wish everyone another enjoyable season.

Stu Hudson and Dave Edwards

**Training is held every Sunday at Humber Doucy Lane from 10am - 12noon.**

## School of Rugby – U13s success

Over 350 of the best players from all clubs and schools across Norfolk, Suffolk and Cambridge compete for less than 30 places” at the eastern school of rugby. This year 9 of the final 30 came from Ipswich U13s (the most from any club in any year); some of whom are in their seventh season with Ipswich. These boys will go on to compete for representative places in the Eastern Counties U14 team next season. Congratulations go to: Robert Smith, Alex Moon, Barny Horsfield, Archie Wilkinson, Hugh Rafferty, Ollie Venni, George Innes, Charlie Kenworthy, and Owen Betts (no longer with IRFC)

From the final SoR squad Northampton Saints invite boys into their Elite Player Development Group ( EPDG ) and we're very pleased that two of our boys have achieved places. They are: Charlie Kenworthy and Robert Smith. Owen Betts formerly of IRFC was also selected. For more information please contact Dave Edwards, Head Coach.

## Under 8s

The Under 8s coaching staff are looking forward to a new season and hoping to build on the successes of last year with the U7s players who've moved up. Last year's U7s squad had a cracking season winning the Colchester festival and losing a tightly contested final at the Sudbury festival. "There was great team spirit last season" Head Coach Michael Philpott told us "and fantastic support from all our parents who really got behind the teams." Two new coaches have joined the team this season both of whom bring plenty of experience. Bob Evans is an experienced coach who has worked with senior squads and Andy Williamson is a specialist in Sports Science. "We're really looking forward to trying out some new things in our training sessions this year, working with Bob on technical skill and with Andy on fitness and speed" said Michael, "Some of you may have noticed the obstacle course on the first day of the season!" The Under 8s are really keen for new players (in school Year 3) to join the squad, so that two strong teams can be built this season. If your child is interested please contact [ipswichunder8s@googlemail.com](mailto:ipswichunder8s@googlemail.com).

Source: Stella Day

*Left: Last years Under 7s (now Under 8s) after they won the Colchester festival.*



# Forthcoming Events

Our next home match against Thurrock on 26th September will be in aid of our chosen charity Help for Heroes. Please come along and your bring friends and family to support both this worthy cause and our 1st XV.

One of our sponsors St Joseph's College announced earlier this month that the 23rd National Schools Rugby Festival will be held at their grounds on the weekend of 17th October. For further information contact Bev Hudson on **07747 698254** or email at **bevhudson1@btopenworld.com**.

# Update...

## Official radio station

We are pleased to announce that Ipswich radio station Town 102 is now the official radio station for the club. As part of this new partnership Town 102 has agreed to give occasional editorial air coverage for the club, as well as publicity on their web site and newsletter.

We look forward to working closely with Town 102 over the coming seasons.



## Club Shop

The Club Shop is open on Sundays for the sale of sportswear including replica shirts, club shorts, socks, studs and leisurewear. The club office is manned Monday to Thursday 9am - 5pm for enquiries. Alternatively telephone the club office on **01473 724072** and leave a message or email **club@ipswich-rugby.co.uk**

## Online Shop

Alternatively you can purchase kit from the new online club shop not only do we offer our familiar Black and Gold kit, but also additional rugby items, plus selected clothing for the ladies as well! We continue to stock Gum shields, socks, studs, ties etc in the club shop plus a small selection of other items for immediate purchase or to view.

Visit **www.ipswichrugby.com** and follow the link to the online shop.

## Ref's Corner

In the second part of his "ask the ref spot" Stu Hudson explains some of the rule changes introduced this season.

You are always saying the ref never sees the other team breaking the laws, but do you know what the new laws are. Below is the second part of a list in simple terms of the new adopted laws this coming season.

### Union-specific ELVs approved by Council

- a) Unions may implement rolling substitutions at defined levels of the Game
- b) A Union having jurisdiction over a Game may implement a half time interval of not more than 15 minutes, but not at international level
- c) A Union may implement the Under 19 Scrum Law Variation at a defined level of the Game under its jurisdiction

I hope to bring you all a little bit of wisdom in each edition, so read and learn all you experts.

Stu Hudson

## Our sponsors



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We work with over 90 insurance brands and can help compare prices for car, bike, commercial vehicle or home insurance quotes.

The website is easy to use with a simple 2 page quote form. For those customers who would prefer to speak to someone, or who cannot obtain a quote online, we have a friendly UK based call centre ready to transfer shoppers directly through to our partners. All completely free of charge.

To get a quote visit us at **Tiger.co.uk**. To discuss business or marketing opportunities please contact us on **0845 073 1173**.



**www.ipswichrugby.com**

**Contact:** If you have any questions or comments regarding the content of this newsletter or wish to contribute please contact Kate Hughes on 07740 554418 or email: **kate.a.hughes@btconnect.com**