



In Touch

IPSWICH RUGBY FOOTBALL CLUB

Welcome!

Hello, welcome to the tenth issue of In Touch. The last three weeks have been very exciting for the club with the First XV beating rivals Sudbury away (15-30), trouncing Norwich (22-13), and then a magnificent win against Harlow at home (43-5). Find the match report inside, plus a brief history of our club, and below an interview with Brian King.



The other day I was pleased to meet Brian King the First XV team manager. Brian works closely with Aaron the club coach, his job is to look after the preparation for each game. This involves ensuring that the players have the correct kit, the team transport is booked and that medical cover is arranged. Consequentially this frees Aaron up on a match day to concentrate on the team and coaching.

his role as club captain. Brian really enjoyed the experience and through the club watched numerous New Zealand international matches at North Harbour Stadium.

After spending 13 years in New Zealand, Brian and his wife Gwen returned back to Ipswich 3 years ago for family reasons. They have two sons and four grand children. Outside of Ipswich Rugby Club he works as a van driver for a building company, this gives him time to concentrate on his role as First XV manager.

On a typical away match day Brian arrives at the club an hour or so before the players in order to pack the equipment they require. For each away match the team take their own tackle bags, cones, balls, warm-up suits, water bottles, and tape along with playing kit. Brian's role is critical to the smooth running of the team, he is very much part of the team and enjoys the buzz of a match day.

Brian, like a lot of people involved with the club is a volunteer and loves rugby. He started his playing career at school at the age of 14 and hung up his boots when he reached 46. His main position was flanker. As Brian has travelled a lot in his life he has played for a number of different clubs. His first club was in Bristol but he also played rugby in Germany for the NAFFI where he worked as maintenance engineer. On returning to Ipswich Brian played for Ipswich YM before moving to New Zealand with his wife.

In New Zealand Brian joined a club in Auckland based on the North Shore called East Coast Bays which is part of North Harbour provincial side. A number of players at the club were past and present All Black players. At East Coast Bays Brian became involved with the running of the club through

A run away win by Ipswich

13th February Ipswich 43 Harlow 5

Head Coach Aaron Brown and Club officials were delighted with the team performance and great victory.



Man of the match Tim Hopkins



Ipswich No.6 Jonathan Fell

First XV news

Match Report 13th February 2010

Ipswich 43 Harlow 5 by David Broughton

With Harlow winning their last four fixtures on the trot and Ipswich winning their last three, this was destined to be a tough encounter with neither side wanting to concede points.

However from the kick off it was Ipswich that showed the more aggression and desire to win and keep the ball, running up the slope forcing Harlow to frantically defend.

Ipswich set the ball up from a ruck in the middle of the field, the ball was passed out to the left through the backs for right wing Tim Hopkins to fly up the touchline before cross kicking to the centre of the field allowing Mark Broughton to pickup and score under the posts for his comeback try after being absent through injury for eleven weeks. No.10 Sam Corston converted to make the score 7-0 with only 6 minutes on the clock. (7-0)



From the restart Ipswich went on the attack again with forwards and backs linking well to break through the visitors defence.

From a ruck on the halfway line Corston passed the ball out wide for fullback Ryan Potkins to gather at pace on the angle side-stepping the defending fullback to score by the posts. Sam Corston again converted for the extra two points. (14-0).

Harlow then kicked themselves into gear kicking deep into the Ipswich half. From a scrum the Harlow No.8 Claridge picked and ran for the line before passing out to supporting No.9 Woodington to score in the right corner. The conversion was missed. (14-5)

Ipswich again being the more dominant, forcing the visitors to desperately defend from every inch of their backline to snuff out the home attack, when from a lineout

just inside the Ipswich half, the ball was won and passed through the backline for Broughton to sidestep his defender before offloading to Potkins making great ground before switching with Dan Fell to score just right of the uprights. Corston missed the conversion. (19-5)

The second half kicked off with Ipswich receiving and running down the slope at great pace, from the first ruck the ball became unplayable. From the scrum Ipswich No.8 Joseland picked up and charged through the gain line before passing to Tim Hopkins on the wing, who ran around the outside of the defence to score by the posts with only 1 minute on the clock. Corston converted the try. (26-5)

On 10 minutes of play Ipswich again found themselves deep inside the Harlow 22 when they were awarded a free kick for Harlow feeding the scrum. A quick tap by scrumhalf Whanauhou set the ball up to be recycled for captain Alex Primmer to get hands on and cross the line by the posts. Corston scuffed the ball and bizarrely missed the easy conversion. (31-5)

After 15 minutes of dogged defence by Harlow, Corston picked up the ball just



inside the Harlow half before kicking long for a lineout deep inside the visitors 22. Ipswich won the lineout and spun the ball out wide to right side of the pitch stretching the defence allowing wing Tim Hopkins to score by the uprights for an unconverted try. (36-5)

Frustration boiled over in the Harlow ranks and the referee showed his yellow card to Harlow prop Paul Prindiville with only 10 minutes of the game left. Ipswich launched into attack and again found themselves camped in the Harlow 22, when the referee awarded a penalty to the visitors when Ipswich failed to move away from the tackle. Harlow took a tap penalty and then inexplicably threw the ball out wide straight at Ipswich centre David Pulemgafa to run under the posts before charitably giving the ball to debutant tighthead prop Loana Latu to score the try. Ipswich No.6 Jonathan Fell converted in front of the posts for the extra 2 points and final score of the game. (43-5)

For full match reports of the Sudbury and Norwich games visit www.ipswichrugby.com

Next First XV Match

20th February Romford & Gidea Park RFC away.

League Table - London 2 North East

	P	W	D	L	PF	PA	PD	Pts
Thurrock	15	14	0	1	605	121	484	28
Sudbury	16	11	1	4	364	254	110	23
Colchester	15	10	0	5	379	240	139	20
Braintree	15	9	0	6	260	294	-34	18
Romford & Gidea Park	16	8	1	7	287	360	-73	17
Saffron Walden	15	8	0	7	318	334	-16	16
Ipswich	15	7	1	7	255	300	-45	15
Enfield Ignatians	16	7	0	9	221	293	-72	14
Harlow	16	7	0	9	242	344	-102	14
Norwich	16	4	1	11	285	293	-8	9
Chelmsford	16	4	0	12	242	335	-93	8
Mersea Island	15	2	0	13	171	461	-290	4

A Brief History of Ipswich Rugby Club

Ipswich Rugby Club has a proud and long history having been founded during the 1869/70 season, two years before the formation of the Rugby Football Union.

Matches were played on a piece of land off the Norwich Road before moving a few years later to a playing ground on Portman Road near the site of the present bus depot. It was around this time the playing colours were changed to amber and black which they have stayed ever since.

At about the same period Association Football began to be played in the town with the formation of Ipswich Town Football Club. In 1888 after a meeting at the Town Hall, Ipswich Town FC for a short period was amalgamated with Ipswich Rugby Club. For a while rugby



First XV 1932-33 season

football was played on Wednesday afternoons and association football on Saturdays, and according to club records some members played both games. One of the earliest clubs to play Ipswich was Wasps. In or about 1891 the two sections of the club went their own ways. No local schools played rugby football in those days and many of the players moved away from the district, with the result that the club faded away in 1903.

After the First World War a Mr H.R. Frisby placed an advertisement in the East Anglian Daily Times suggesting the re-formation of the rugby club. A meeting of like minded enthusiasts was held in town and the club was reformed. The president was John Ganzoni who later became the first Lord Belstead. The club also benefited from the local independent schools switching from Association Football to Rugby Football. In 1936 the club purchased a piece of land from Maidenhall Farm which adjoined



First XV 1878

the YMCA ground at Bourne End. At the outbreak of the Second World War all fixtures were cancelled for the season and the club joined with Ipswich YMCA to form "The Bourne End Club". During the war period games were played against various Services' sides based in the district. After the war club membership increased and it became obvious that a new, bigger ground was needed. Land became available at Humber Doucy Lane and an eleven acre field was purchased. The pavilion was officially opened on 10th October 1959 by Mr J.A. Tallant the then President of the Rugby Football Union.

With a ground of its own, a pavilion and three playing pitches the club moved its headquarters from the Crown and Anchor Hotel in Ipswich to the new club house. The last fifty years has seen the club go from strength to strength with more playing pitches added and the growth of the Youth and Juniors section along with the introduction of Women's rugby.

Youth & Juniors news

Ipswich Under 12's take on Diss and North Walsham

A strong Ipswich squad made the trip to Diss for the second time in two months to take on the home team and North Walsham in a tri-team event.

North Walsham 1 Ipswich 3

This was the first time that Ipswich had encountered North Walsham who presented a formidable forward line that looked capable of challenging the normally imperious Ipswich pack. Indeed, the first few scrums saw this challenge fully realised, as Ipswich were inexplicably pushed off the ball. A situation Ipswich had not been used to this season. Ipswich coped well with the early pressure and gradually moved forward, allowing Nick Kramer to use his strength to power over and score. North Walsham responded immediately and powered towards the Ipswich line. The backs

passed the ball well and following a number of poor tackles by Ipswich, levelled the game.

An injury to Ed Hudson meant a lengthy delay to the game. Happily we can report that Ed only suffered a sore neck and back, and was released from hospital after x-rays showed no bones broken. He will be back playing in a couple of weeks. After the restart, the forwards started to scrum better, providing the platform for the whole team to play with greater positivity. Ipswich re-took the lead when Toby Trinder used his strength to power forward, stretch out and score in the corner.

North Walsham continued to press. Ewan Thompson and Toby Trinder were desperate to secure the ball in the loose and eventually fed the ball to Phil Day who made a fine defensive clearance. Ipswich gradually worked the ball forward, and following an impressive passage of play fired the ball to Alex Rayment who jinked over to score.

Diss 0 Ipswich 2

Ipswich made a number of changes to the team against Diss, drafting in Jonny Renshaw, Ollie Knox and Ed Shaw. Nick Kramer started well for Ipswich ripping the ball from a maul and launching a counter attack that saw the ball work its way out to Ollie Knox who showed the opposition a clean pair of heels, jink past three players and score in the corner. Ipswich were never really troubled and eventually made the game safe when Phil Day decided to use his speed to accelerate through the Diss defence and secure victory.

Source: Mike Thompson

News & Events

Women's Rugby

The women's section is growing but is still looking for new members. The team train on a Wednesday evening from 7.30pm at Humber Doucy Lane and all are welcome.

If you need further information please contact Charlotte Mansell on 07955 148619 or email lotzlotte@hotmail.com

Ipswich Rugby Club Golf Society

Ipswich Rugby Club Golf Society has kindly donated a new photocopier to the club. Over the years the society has provided the pitch side scoreboard, plasma TV screen and honours board to name but a few items.

If you can play golf and are interested in joining the golf society then please email Colin Jarrett club@ipswich-rugby.co.uk

Ref's Corner

This week our in-house referee Stu Hudson ends his explanation on the laws governing tackles.

15.7 FORBIDDEN PRACTICES

(a) No player may prevent the tackled player from passing the ball.

Penalty: Penalty Kick

(b) No player may prevent the tackled player from releasing the ball and getting up or moving away from it.

Penalty: Penalty Kick

(c) No player may fall on or over the tackled player.

Penalty: Penalty Kick

(d) No player may fall on or over the players lying on the ground after a tackle with the ball between or near to them.

Penalty: Penalty Kick

(e) Players on their feet must not charge or obstruct an opponent who is not near the ball.

Penalty: Penalty Kick

(f) Danger may arise if a tackled player fails to release the ball or move away from it immediately, or if that player is prevented from so doing. If either of these happens the referee awards a penalty kick immediately.

Penalty: Penalty Kick

15.8 DOUBT ABOUT FAILURE TO COMPLY

If the ball becomes unplayable at a tackle and there is doubt about which player did not conform to Law, the referee orders a scrum immediately with the throw-in by the team that was moving forward prior to the stoppage or, if no team was moving forward, by the attacking team.



Tim Bowden Photography

Don't worry if you missed the opportunity to purchase your team photograph last weekend, Tim will be at Woodbridge RFC on Sunday 28th February to sell his photographs.

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Contact: If you have any questions or comments regarding the content of this newsletter or wish to contribute please contact Kate Hughes on 07740 554418 or email: kate.a.hughes@btconnect.com

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