
	<p><b>IPSWICH RFC Y&amp;J</b></p> <p><b>COACHES</b></p> <p><b>CODE OF CONDUCT</b></p>	
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## **IPSWICH RFC Y&J**

As a club we take pride in our heritage and ability to encourage a sense of fair play both on and off the field with an exemplary discipline record. We play our Rugby to win but playing well, enjoying the game and having fun is paramount.

Ipswich RFC aims to ensure that all people irrespective of their age, gender, ability, race, religion, ethnic origin, creed, colour, nationality, social status or sexual orientation have a genuine and equal opportunity to participate at all levels and in all roles. That is, as a beginner, participant or performer, and as a coach, official, referee, manager, administrator or spectator.

Players, coaches and parents come to Ipswich RFC because of these values and our adherence to the codes of conduct outlined below:

### **COACHES CODE OF CONDUCT**

1. All rugby coaches must respect the rights, dignity and worth of every child and young person with whom they work and treat them equally.
2. All rugby coaches must place the physical and emotional well being of all young players above all other considerations, including the development of performance.
3. The relationship that a rugby coach develops with the players with whom they work must be based on mutual trust and respect.
4. Be organised – structure your season’s training programme and communicate at all times with players and parents.
5. Make sure you keep up with the continuum and its changes and communicate these changes to players.
6. Ensure the players know the laws of the game.
7. Never abuse, criticise or ridicule children.
8. Never overload players with demands and technicalities of play.
9. Play players at an appropriate level. Don’t put players in games where they are out of their depth skill wise.
10. Make allowances for players. Children mature at different rates both mentally and physically.

11. All rugby coaches will encourage you players to accept responsibility for their own behaviour and performance. Teach players to aim to win but to lose with a grin. Always aim to enjoy the game and strive to improve their individual skills.
12. Never get involved in touchline arguments
13. Never get involved with arguments with match officials especially in front of children
14. All rugby coaches should clarify with the young players (and their parents/carers) what is expected of them both on and off the rugby field and also what they are entitled to expect from the coach. Ensure players and parents behavior is appropriate and in keeping with the expectations of the Club.
15. Never coach dangerous or foul play including 'winning at all costs'.

**CHILD PROTECTION BEST PRACTICE FOR MATCH OFFICIALS WHEN REFEREEING YOUNG PLAYERS:**

1. Recognize the importance of fun and enjoyment when officiating young players.
2. Provide verbal feedback in a positive way during games.
3. Appreciate the needs of the players.
4. Be a positive role model.
5. Recognize that safety is paramount.
6. Explain decisions – most young players are still learning.
7. Do not tolerate verbal abuse.

**COACHES AND MATCH OFFICIALS MUST NOT:**

1. Change in the same area as young players.
2. Shower with young players – agree with the coaches a timetable.
3. Be alone with young players at any time – if a young player comes into the dressing room ensure another adult is present.
4. Check studs without the coach being present.
5. Administer first aid.
6. Allow a young player to continue playing if you have doubts about their fitness.
7. Tolerate bad language from young players.
8. Engage in any inappropriate contact with young players.
9. Give a lift to a player unless there are other young people or adults in the car and the parents are aware.
10. Take a young player to your home.
11. Overtly criticise young players or use language which may cause the player to lose confidence or self esteem.
12. Make sexually explicit remarks to young players even in fun

**COACHES AND MATCH OFFICIALS MUST**

Report, in writing, to the Club or Welfare Officer behaviour by adults which you feel contravenes RFU Child Protection Policy such as:

1. Verbal bullying by coaches/parents/spectators.
2. Physical Abuse by coaches/parents/spectators.
3. Inappropriate or aggressive contact by an adult to a young person.
4. Verbal abuse directed at you by young people or adults.

**REMEMBER:**

The welfare of all young people is paramount.