

## **EASTERN COUNTIES ISSUE LENGTHY BANS TO 2 COACHES**

The East Anglia Daily Times and Eastern Counties have both recently reported that a Colchester Under 10 coach received a 24-week suspension from all rugby related matters with the Colchester Club website issuing a stark warning to parents and coaches after a “serious case of appalling touchline behaviour.” In addition, a BSE Under 13 coach has been sanctioned for 18 weeks for “inappropriate behaviour and language, together with referee abuse”.

With a third of all disciplinary matters dealt with by Eastern Counties Rugby Union now concerning mini, midi and youth rugby, it is important that everybody at Ipswich RFC, administrators, coaches, players and spectators, digest the very firm stance taken by Eastern Counties. Our Governing body will be carrying out more and more Club reviews this season. Accordingly, of particular importance for the Y&J is the maintenance of the 2 metre exclusion zone for all coaches and spectators when we are playing Club matches @ HDL and that we maintain our usual loud and good natured banter and applause for both sides.

We enjoy an excellent reputation as a Club and everybody @ HDL is responsible...if you hear it or see it, step in and stop it immediately.

All age groups have been issued with the RFU Coaches, Players and Spectators' codes of conduct fact sheets; these are also displayed on noticeboards and walls across our Club House and are available for download from our website.

Please do not let any one from Ipswich RFC become one of these blighted statistics!